

Hereford Leisure Centre

TIME

CLASS

INSTRUCTOR

Monday

9.30am – 10.25am
9.30am – 10.25am
10.30am – 11.25am
10.30am – 11.25am
12.45pm – 1.30pm
5.15pm – 6.00pm
6.00pm – 6.55pm
6.15pm – 7.10pm
7.15pm – 8.15pm
7.15pm – 8.15pm
8.30pm – 9.25pm

Sue Newall
Debbie Patterson
Sue Newall
Suzanne Jevon-Hughston
Meriel Yearnshire
Fitness Instructor
Fitness Instructor
Tamara Bailey
Debbie Patterson
Les Dunn
Rosie James/Jo Smith

Tuesday

9.15am – 10.15am
9.30am – 10.25am
10.30am – 11.25am
11.30am – 12.25pm
12.30pm – 1.25pm
6.00pm – 6.55pm
7.00pm – 7.55pm
8.15pm – 9.10pm

Meriel Yearnshire
Emma Caldwell
Meriel Yearnshire
Meriel Yearnshire
Suzanne Jevon-Hughston
Penny Southwood
Penny Southwood
Fitness Instructor

Wednesday

9.30am – 10.25am
9.30am – 10.25am
10.30am – 11.25am
11.30am – 12.25pm
5.45pm – 6.45pm
6.00pm – 6.55pm
7.00pm – 8.00pm
7.00pm – 8.00pm
8.30pm – 9.15pm

Sue Newall
Jennifer Grumbley
Debbie Patterson
Sue Newall
Fitness Instructor
Jennifer Grumbley
Les Dunn
Penny Southwood/Tamara Bailey
Rosie James/Matt Morris

Thursday

9.30am – 10.25am
10.30am – 11.25am
12.45pm – 1.30pm
3.00pm – 3.55pm
6.00pm – 6.55pm
7.00pm – 7.55pm
8.15pm – 9.10pm

Debbie Patterson
Debbie Patterson
Meriel Yearnshire
Emma Caldwell
Sue Mullenger
Teresa Butler
Fitness Instructor

Friday

9.30am – 10.25am
10.30am – 11.25am
5.30pm – 6.25pm
6.45pm – 7.30pm

Suzanne Jevon-Hughston
Debbie Patterson
Nicola Owen
Matt Morris

Saturday

9.15am – 10.00am
10.15am – 10.30am
10.30am – 11.30am

Rosie/Tam/Natalie
Emma C/Tam/Emma B

